



The Human Ability for Emotional Co-regulation

22–23 July 2025

Humboldt-Universität zu Berlin, Human Abilities Centre,
Schönhauser Allee 10-11, 10119 Berlin, Room 4.17

Organised by Ellen Fridland and Sanja Dembić

Tuesday, 22 July

- 09:00 Welcome & Coffee
- 09:15 **Emotional Co-regulation From a Developmental Perspective**
Manfred Holodyski (Universität Münster)
- 10:45 Break
- 11:00 **Emotional Co-regulation, Self-Control and Joint Abilities**
Sanja Dembić (Humboldt-Universität zu Berlin)
- 12:30 Lunch
- 14:00 **From Co-regulation to Relational Emotions**
Ellen Fridland (King's College London)
- 15:30 Break
- 16:00 **Emotion Regulation, Agency, and the Epistemic Role of Outlaw Emotions**
Kristina Musholt (Universität Leipzig)
- 17:30 **Discussion**
- 19:00 Conference Dinner

Wednesday, 23 July

- 09:00 Welcome & Coffee
- 09:15 **Emotional Co-regulation Towards Cultural Relationship Goals**
Batja Mesquita (KU Leuven)
- 10:45 Break
- 11:00 **Regulating Gender, Regulating Affect: The Case for Emotional Injustice**
Gen Eickers (Universität Osnabrück)
- 12:30 Lunch
- 14:00 **The Function of Moral Emotions for Self-Regulation and Co-regulation**
Matt Stichter (Washington State University)
- 15:30 Break
- 16:00 **Thoughts on the Emotional Effects of Infinite Scrolls and the "Machine Zone" and How It Might Affect Co-regulative and Self-Regulative Processes**
Maria Brincker (University of Massachusetts)
- 17:30 **Discussion**
- 19:00 Conference Dinner

Funded by



Deutsche
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